

## junior sessions

**Sep 4-Oct 29**

*no class Sep 4*

**Oct 30-Jan 6**

*no class Nov 23, Dec 24-Jan 1*

## adult sessions

**Sep 4-Oct 29**

*no class Sep 4*

**Oct 30-Jan 6**

*no class Nov 23, Dec 24-Jan 1*

# LIFESPORT

## Kenosha



7611 Sheridan Rd  
Kenosha, WI 53143  
262 652-7373  
[LifeSportKenosha.com](http://LifeSportKenosha.com)

HOURS:  
MON-THU  
8:30AM-1PM  
3:30PM-8:30PM  
FRI 8:30AM-1PM  
SAT 8:30AM-2PM  
SUN 8AM-1PM



## 2023 FALL PROGRAMS



# junior tennis

## RED BALL (ages 5–7)

An introductory class focusing on motor skill, hand-eye coordination, and a basic introduction to tennis. This class uses low compression Red Balls for early success.

DAY	TIME	SEP4–OCT29(8WKS)			OCT30–JAN6(9WKS)		
WED	4-5PM	\$200.00			\$225.00		
SAT	9:30-10:30AM	\$200.00			\$225.00		
CLASSES/SESSION		1-8	9-11	12+	1-9	10-12	13+
PRICE/CLASS MEM		\$25	\$23	\$21	\$25	\$23	\$21

## ORANGE BALL (ages 7–10)

An introductory program designed to teach basic tennis skills. This class will use low compression Orange Balls and Blue Boundary Lines for early success and competitive atmosphere.

DAY	TIME	SEP4–OCT29(7/8WKS)			OCT30–JAN6(9WKS)		
MON	4-5PM	\$175.00			\$200.00		
SAT	10:30-11:30AM	\$200.00			\$225.00		
CLASSES/SESSION		1-8	9-11	12+	1-9	10-12	13+
PRICE/CLASS MEM		\$25	\$23	\$21	\$25	\$23	\$21

## GREEN BALL (ages 10–14)

This advanced beginner program is designed to further tennis skill and to teach students to rally and play tennis. This class will use low compression Green Balls to increase rally ability.

DAY	TIME	SEP4–OCT29(7/8WKS)			OCT30–JAN6(8/9WKS)		
MON	5-6PM	\$175.00			\$200.00		
WED	5-6PM	\$200.00			\$225.00		
SAT	11:30-12:30PM	\$200.00			\$225.00		
CLASSES/SESSION		1-11	12-15	16+	1-12	13-16	17+
PRICE/CLASS MEM		\$25	\$23	\$21	\$25	\$23	\$21

## JUNIOR DEVELOPMENT

This program emphasizes more competitive skill building by learning basic patterns and strategies in preparation for match play competitions, tournaments, and/or high school.

DAY	TIME	SEP4–OCT29(8WKS)			OCT30–JAN6(8/9WKS)		
THU	4:30-6PM	\$300.00 / \$396.00			\$300.00 / \$396.00		
SAT	12:30-2:00PM	\$300.00 / \$396.00			\$337.50 / \$445.50		
CLASSES/SESSION		1-8	9-11	12+	1-9	10-12	13+
PRICE/CLASS MEM*		\$37.50	\$34.50	\$31.50	\$37.50	\$34.50	\$31.50
PRICE/CLASS NON		\$49.50	\$45.00	\$42.00	\$49.50	\$45.00	\$42.00

## TOURNAMENT TRAINING

This program is designed for a more intense level of training to those players participating in local tournament and/or their high school tennis.

DAY	TIME	SEP4–OCT29(8WKS)			OCT30–JAN6(8/9WKS)		
TUE	4:30-6:30PM	\$400.00 / \$528.00			\$450.00 / \$594.00		
THU	4-6PM	\$400.00 / \$528.00			\$400.00 / \$528.00		
SAT	9:30-11:30AM	\$400.00 / \$528.00			\$450.00 / \$594.00		
CLASSES/SESSION		1-11	12-15	15+	1-12	13-16	17+
PRICE/CLASS MEM*		\$50	\$46	\$42	\$50	\$46	\$42
PRICE/CLASS NON		\$66	\$60	\$56	\$66	\$60	\$56

## MAKE UP POLICY

If a student is going to miss a class, the Club must be notified by noon on the day of the scheduled class to earn a make-up opportunity. The make-up date must be approved and scheduled at the time of the cancelation and must take place during the same session as the missed class. Make-up classes are not guaranteed.

Session pricing is for one (1) class per week.

# adult tennis

## CO-ED BEGINNER ADULT DRILL

Designed for new players and players returning to the game that are interested in refining their strokes and having minimal experience.

DAY	TIME	PER CLASS
MON	10:30-11:30AM	\$20.00
TUE	6:30-8PM	\$30.00
THU	6:30-8PM	\$30.00
FRI	10:30-11:30AM	\$20.00

## CO-ED INTERMEDIATE DRILL

A doubles strategy drill designed for players 3.0–3.5.

DAY	TIME	PER CLASS
MON	9-10:30AM	\$30.00
WED	11AM–12:30PM	\$30.00
FRI	9-10:30AM	\$30.00

## CO-ED ADVANCED DRILL

A faced-paced, doubles strategy focused drill for players 3.5+.

DAY	TIME	PER CLASS
TUE	6:30-8:30PM	\$38.00
THU	6:30-8:30PM	\$38.00

## SOCIAL ADULT MIXER DRILL (non-members welcome)

DAY	TIME	PER CLASS
1 <sup>ST</sup> FRI	6-8PM	\$24.00

\*Tournament Training and Junior Development players must have at least a Limited Junior Membership to get the Member Fee rate.